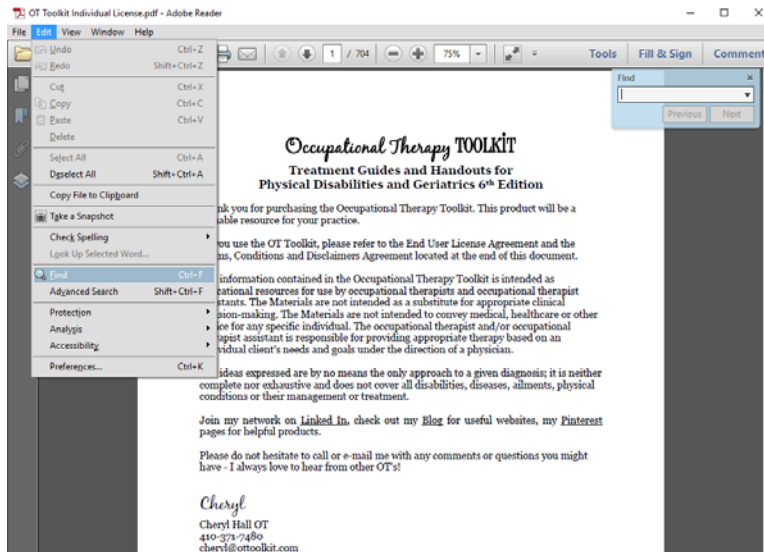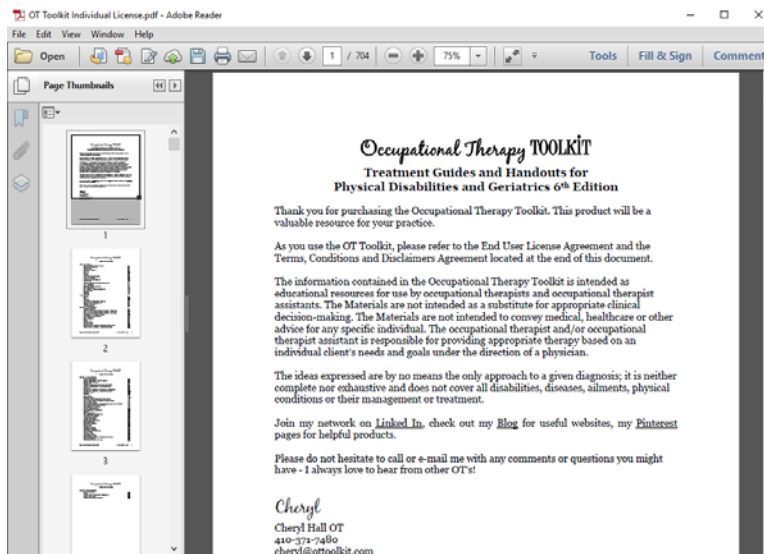# Navigating the Occupational Therapy Toolkit
Using Adobe Reader on a Desktop

Find - Select EDIT, scroll down to FIND or type CTRL F, this will open up the FIND box on the upper right

Page Thumbnails - Select the PAGE THUMBNAILS icon in the upper left.

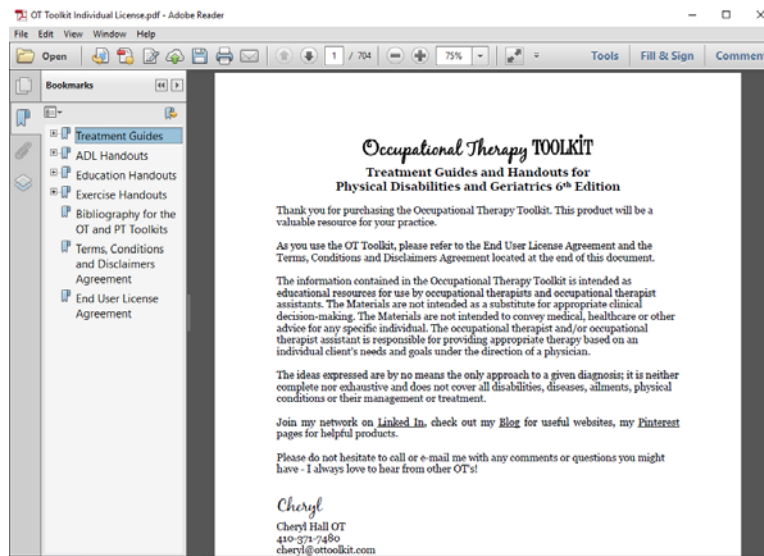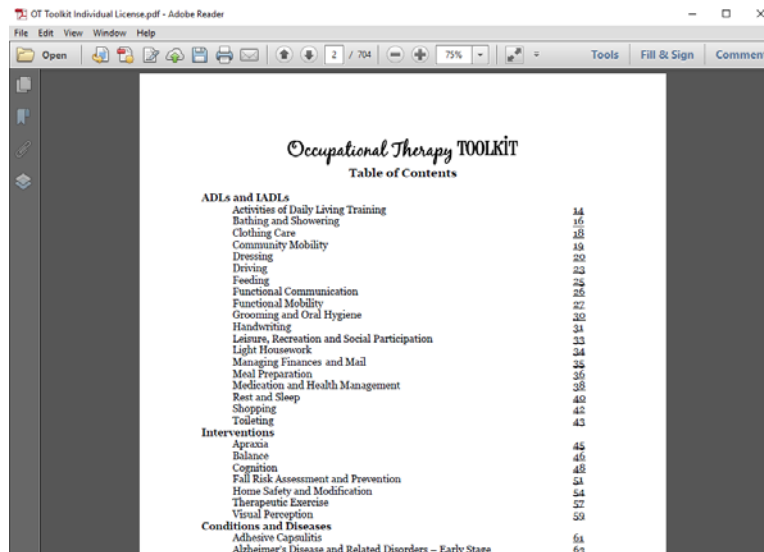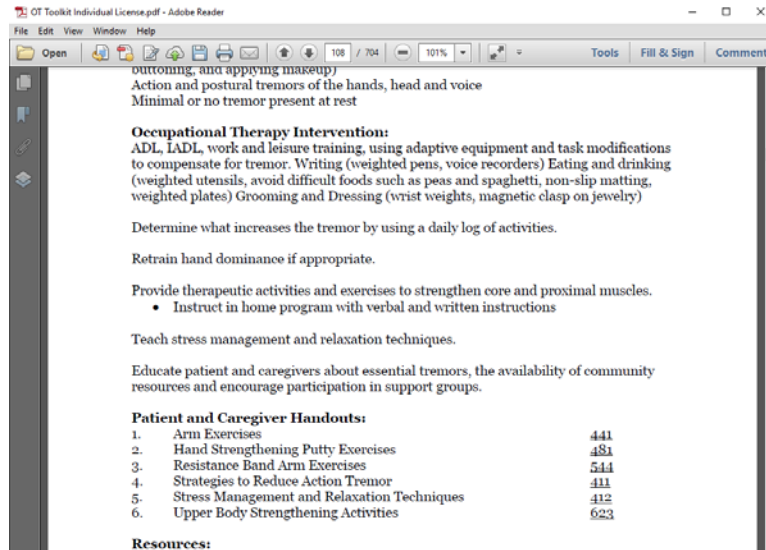**Bookmarks** - Select the BOOKMARKS icon in the upper left corner.

Table of Contents - All the page numbers in the Table of Contents are linked to the respective page.

From the Handouts - All the page numbers in the Patient and Caregiver Handouts section are linked to the respective page.

Return to Previous Page - RIGHT click, select PREVIOUS VIEW or type ALT LEFT ARROW.